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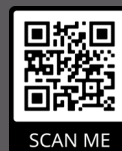


Relationship Refresh

Strengthen **your connections** and build **healthier** relationships.

A little refresh can go a long way in improving the relationships that matter most. Canopy offers free and confidential support to help you strengthen those bonds:

- **Counseling Services** for guidance through relationship challenges
- **Coaching** to help set healthy boundaries and improve communication
- **Member Site** with 24/7 access to relationship-focused resources
- **Canopy App** for easy access to support and tools on the go



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